



TEF CANADA

CLB 5 MASTERY • 8-Week Intensive Study Plan

4-5 hours daily | Exam-focused | @priyanshucoach

PROFESSOR SAYS: "Bhai, CLB 5 nahi hai impossible. 2 months mein agar tu 4-5 ghante roz disciplined padhega, toh possible hai. Main yahan hoon tere saath. Yeh plan tere liye bana hai. Let's get that CLB 5!" — Professor Priyanshu

Dear Student (Mon Cher Étudiant),

Welcome to your personal TEF Canada CLB 5 preparation program. I designed this 8-week intensive kit specifically for motivated learners like you who are ready to invest 4-5 focused hours every single day. CLB 5 (NCLC 5) is an achievable target representing solid B1-low intermediate French — enough to handle everyday situations in Canada with confidence.

This is not magic. It is consistent, smart practice: heavy emphasis on speaking (monologues & roleplays) and writing because those are where most students lose points. Listening and reading will improve as you build vocabulary and strategies.

Your Target Scores for Safe CLB 5

Aim higher than minimum to buffer bad day:

- Listening (Compréhension orale): 200+ / 699 (min ~181 for CLB5)
- Reading (Compréhension écrite): 170+ / 699 (min ~151)
- Writing (Expression écrite): 260+ / 699 (min ~226)
- Speaking (Expression orale): 260+ / 699 (min ~226)

PRIORITY: Focus 55% of your time on productive skills (Speaking + Writing). Input (L+R) supports output. Grammar and vocab are tools, not the goal.

The 8-Week Roadmap

Weeks 1-2: Foundation & Confidence Building

Goal: Build core vocab (300+ words), master present + passe compose + basic connectors. Daily monologues 5-7 mins total. Get comfortable asking questions and giving 45-sec opinions.

Weeks 3-4: Skill Integration

Goal: Add imparfait, futur, conditionnel. Start full Section A & B roleplay practice. 2 writing tasks/week. Begin timed reading/listening sets. Record yourself daily.

Weeks 5-6: Exam Simulation & Weakness Attack

Goal: Full mock sections under time. Target weak themes (housing, work, environment). Expand to 2-min monologues with 3 clear points + examples. Peer review or self critique with rubric.

Weeks 7-8: Polish, Speed & Exam Readiness

Goal: Polish pronunciation, connectors, sophisticated (but accurate) vocab. Daily full speaking simulation (A+B). Write one full writing section every 3 days. Light review + 2 full timed mocks in last 10 days. Rest day before exam.

Recommended Daily 4.5-Hour Schedule (Adapt to your energy)

Consistency > intensity. Same time every day builds habit. Example for working/student person:

Hour 1 (Morning 45-60 min)

Vocabulary + Grammar (new theme or review). Learn 25-30 words/phrases in context + 1 grammar point. Make 10 sentences aloud.

Hour 2 (60 min)

Listening (active). 15 min strategy + 20-25 min audio (YouTube TEF listening / RFI / TV5). Shadow repeat. Do 1 practice set + review mistakes.

Break 10-15 min

Walk, water, no phone scrolling French content.

Hour 3 (60 min)

Reading + Writing foundation. 1 article/email/ad + questions. Then quick write 80-100 words on related prompt (journal style).

Hour 4 (60-75 min) - MOST IMPORTANT

Speaking Block (monologues + roleplay). 15 min pronunciation drills or shadowing. 25 min: 3-4 monologue practices (record + compare to sample). 15-20 min: Section A question practice (use list or partner). Review recording: Did I speak 1.5+ min? Use connectors? Clear points?

Evening 15-20 min

Review mistakes from day. Write 5 new sentences using today's vocab. Light Anki or notebook review.

RECORD: Record EVERY speaking practice on your phone. Name files by date/topic. Review weekly to see progress. This is the #1 way students jump levels.

Weekly Milestones & Check-ins

- End Week 2: Can introduce yourself + describe daily routine + ask 8+ questions about an ad without notes. 150+ active vocab.
- End Week 4: Complete one full Sec A (info) + Sec B (convince) in 15 min. Write 150+ word opinion text with 2 arguments + example.
- End Week 6: Score 55%+ on full listening practice set. Monologue 2 minutes without long pauses on 5 different themes.
- End Week 8: Full mock test (all 4 skills simulated). Identify 3 recurring errors and fix them. Ready.

Free & Low-Cost Resources I Recommend

Listening: TEF Canada Listening on YouTube (Crystal Prep, Learn French with Anks, etc.), RFI Journal en français facile, TV5Monde, Coffee Break French (intermediate).

Speaking: Language exchange apps (Tandem, HelloTalk) — find Quebec friends. Record + self. Italki community tutors for 1-2 feedback sessions (worth it in week 5-6).

Reading: Le Monde, La Presse (Montreal), simple Wikipedia FR, TEF practice PDFs online.

Vocab/Grammar: This kit + Kwiziq French (targeted), Anki decks for TEF vocab (search 'TEF Canada B1').

PROFESSOR SAYS: "The students who clear CLB 5/7 fastest are not the smartest — they are the most consistent. 4-5 hours daily, no excuses, no 'I'll do double tomorrow'. Small daily wins." — Professor Priyanshu

How to Use This Study Kit

You received multiple PDFs. Use them in this order:

1. Read this Study Plan fully once. Print the weekly overview if possible.
2. Start with Grammar PDF (Week 1 focus) — do NOT skip exercises.
3. Parallel: begin Vocabulary PDF themes (one theme every 2-3 days).
4. From Week 2: add Reading + Listening PDFs for practice sets.
5. From Week 3: heavy use of Speaking PDF — this is your gold. Practice every day.
6. Writing PDF: do one task every other day starting Week 2. Always self-correct with model + rubric.
7. Answer keys are at the END of each PDF. Do exercises first, then check.

DAILY: Print the Speaking topics list and keep on your desk. Random pick 2 every day for practice.

Final words, beta: Yeh mushkil time hai lekin tu taiyar hai. Main tere saath hoon har step pe. Follow the plan, record yourself, stay positive even when progress feels slow. French is cumulative. One day you will suddenly speak better. Trust the process.

See you at CLB 5.

Professor Priyanshu @priyanshucoach